Hemipelvectomy- only a salvage therapy?

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Abstract

After the first hemipelvectomy in 1891 significant advances have been made in the fields of preoperative diagnosis, surgical technique and adjuvant treatment in patients with pelvic tumors. The challenging surgical removal of these rare malignant bone or soft tissue tumors accompanied by interdisciplinary therapy is mostly the only chance of cure, but bare the risk of intensive bleeding and infection. The reconstruction after hemipelvectomy is of importance for the later outcome and quality of life for the patient. Here, plastic surgery with microvascular free flaps or local rotational flaps improved the reconstruction and reduced infection rates. Average local recurrence rates of 14% demonstrate good surgical results, but 5 year survival rates of only 50% are described for some tumor entities, showing the importance of a multimodal collaboration. On a basis of a selective literature review the history, indications, treatment options and outcome of hemipelvectomies are presented.

Introduction

The first hemipelvectomy was performed by Billroth in 1891. The patient survived only a few hours. In 1893, Jabulay operated on a patient who died immediately after the procedure. The first successful hemipelvectomy in terms of survival was performed by Girard in 1895. In 1902, there were reports on 13 hemipelvectomies with a mortality rate of 60%.12 The most common indications for hemipelvectomy are malignant or locally aggressive/destructive bone and soft tissue tumors of the pelvis and the adjacent muscles, especially osteosarcoma, chondrosarcoma and Ewing’s sarcoma. In some rare cases hemipelvectomy is also necessary because of trauma or osteomyelitis.4 The overall prognosis for patients with malignant bone tumors is poor.5,6 Due to the location and extent of these lesions but also to the complex anatomy and the aim to achieve a good functional outcome, these tumors are difficult to resect. Therefore, pelvic tumors present a great challenge for orthopedic surgeons. Basically, hemipelvectomy is divided into external hemipelvectomy (amputation) and internal hemipelvectomy with preservation of the lower extremity. For many years external hemipelvectomy was the standard method of treatment for locally aggressive and malignant bone tumors in the pelvis. Today, internal hemipelvectomy presents an alternative in the struggle against pelvic tumors.7,8 Since an adequate and tumor free resection margin is of great importance for the long-term oncological outcome, hemipelvectomy remains as a curative approach.9,10 It is evident that not only surgical technique but relevant development on non-orthopaedic fields such as early diagnosis and follow-ups by imaging, new chemotherapy and/or radiation regimes, and innovative implants or bioengineering have lead to significant improvement in the management and success of hemipelvectomy. Modern imaging techniques allow early and accurate preoperative staging.11 Inoperable neoplasms become operable by neoadjuvant chemotherapy and preoperative irradiation aiming to reduce the tumor mass and increasing the chance to preserve the lower extremity.12 With adequate management internal hemipelvectomies do not implement higher recurrence rates compared to amputations by external hemipelvectomy13 and, in contrast, lead to better functional results in many cases.14 For reconstruction of the hip and the hemipelvis after tumor resections various techniques have been developed to obtain a functional and cosmetically acceptable outcome, especially to prevent from highshortening of the limb even after a wide resection.15

First, there is the possibility of solely resecting the bone. In this procedure, fresh frozen allografts16 or autografts are frequently used for bony reconstruction. Here, also re-implantation of devitalized autogenous bone16 was reported. There are also options for reconstruction by means of allograft or autograft interposition in combination with a total hip,17,18,19 or even pelvis prosthesis,20 by transplantation of the hip joint or by arthrodesis21,22 and hindfoot rotationplasty. Furthermore, there has been an attempt to reconstruct the pelvis with polymethylmethacrylate (PMMA) combined with screws or nails.23 However, the latter techniques only appropriate for palliative situations or temporary reconstruction. There is no standard procedure and little information is available about the results although many different options exist for reconstruction after internal hemipelvectomy. It is also much debate about which approach is appropriate for each single patient.11,24 The decision regarding surgical strategy takes into account the age of the patient,25 the required extent of resection and the experience of the surgeons.22,25 This review presents the literature on the outcome after hemipelvectomy in dependency of defined reconstruction techniques during the last thirty years.

Entities

Bone tumors can develop in all types of bone tissue and associated bone marrow cells. A tumor that originates in bone is called primary bone cancer. Primary bone tumors only account for 1% of all solid tumors, and mostly affect patients under 20 years and between 40 - 50 years.25 The tumors most commonly occurring in the pelvis are chondrosarcoma, Ewing sarcoma, plasmocytoma and osteosarcoma. In rare cases, histiocytoma, lymphoma, rhabdomyosarcoma and fibrosarcoma are located in the pelvis.27 Osteosarcomas are considered to be the most common primary malignant bone tumors with 150 cases per year in Germany.28 While this tumor type is mainly located in the metaphysis of long bones, the incidence rate in the pelvis is only 6.4-8% of all osteosarcomas and thus comparatively rare.29 Chondrosarcomas are the second most common malignant bone tumors.29 They are usually located close to the trunk and the pelvic skeleton. This differs from the osteosarcoma, which is found in the pelvis only in exceptional cases.30,31 Chondrosarcomas have to be treated primarily by surgical therapy, because chemotherapy and radiation therapy are mostly not effective.4 Here, a wide surgical resection margin is crucial for successful treatment. A further 10% of malignant bone tumors are...
Ewing sarcomas with an annual incidence of 0.6/million in the population.30 In children and young adults they are the second most common primary bone tumors.30 Recent studies suggested that Ewing sarcomas probably originate from undifferentiated mesenchymal cells of the bone marrow and are mainly located in the metaphysis and diaphysis and in the pelvis. Other authors believed that Ewing sarcomas belong to the primitive neuroectodermal tumors, derived from the neural crest and are characterized by ews/ets translocation. However, the exact origin of Ewing sarcoma family is unknown.32,33 Seven percent of all bone tumors are primary non-Hodgkin’s lymphoma.34 Like the Ewing sarcoma, this rare tumor affects the metaphysis of long bones and the pelvis.34

**Indications for hemipelvectomy**

Tumors of the pelvis are often recognized at a late stage because they can extend without inducing local symptoms. At the time of diagnosis they often have a high tumor mass and are located close to vessels or nerves. The greatest problem involved in resection is the need for oncological radicalism on the one hand, while aiming to obtain a good functional outcome on the other. Limb-savings surgery should only be conducted if the tumor can be completely removed or if an external hemipelvectomy does not allow more radical oncological results.35 It is essential for the surgeon to have detailed knowledge of the anatomical location of the tumor including the involvement of surrounding anatomical structures in order to plan a specific surgical and individually procedure.37 To determine the true extent of the tumor, it is therefore essential that comprehensive preoperative radiographic staging including bone x-rays, chest and abdominal computer-tomography (CT), magnetic resonance imaging (MRI) for soft tissue involvement of surrounding anatomical structures, and an angiography are carried out. In addition, bone scans may detect additional skip lesions or unknown metastasis.48 It has been observed that limb-saving surgery, the choice of the appropriate oncological surgical approach, can improve long-term survival, avoid amputation, and increase the quality of life for patients.36

**Surgical, anatomical and patient related aspects of hemipelvectomy**

Detailed descriptions of surgical approaches are found in literature.10 Prior to biopsy the surgeon needs to have detailed information of tumor’s extent and, in case of malignancy, of the tumor resection to be performed later in order to avoid contamination of tumor-free tissue. Resection should be performed according to the usual standard oncological-surgical methods.47,48 There is general consent that the resection margin should be 3-5 cm but not smaller. Tumor resections are classified into four categories:33 i) Intralesional tumor removal: The tumor mass is resected macroscopically with contaminated margins in histological evaluation. For primary malignant tumors this resection must be regarded as unacceptable; ii) Marginal resection is a resection in the reactive zone of the tumor. Microscopically reactive tissue or micro-satellites can be detected; iii) An intra-compartmental resection margin is a resection outside the reactive zone in normal tissue. Therefore, it is called wide resection. Skip lesions are occasionally detected; iv) A radical surgical (extra-compartmental resection) procedure is a complete removal of the affected compartments and the resection margin is in healthy tissue.41 Eneking and Dunham proposed a classification scheme for description of various subtypes of pelvic resections (Figure 1).41

When reconstructing bone defects, it is always important to ensure sufficient muscular coverage.17,11,13,45-47 This coverage lowers the infection risk and is crucial for the success of the reconstruction procedure. Advances in microvascular free flaps, as in local rotational flaps, have extended the indications of limb-sparing surgery and reduced local wound healing problems. Finally, careful hemostasis and drainage should be carried out to avoid poor wound healing.41,46 Bednar et al. assessed the efficacy of tranexamic acid in decreasing operative blood loss and the need for intraoperative transfusion in metastatic spine surgery but could not shown any benefit of this prophylaxis.41 It has been observed that limb-sparing surgery result in a better functional outcome compared with conditions after amputation.49 Pring described a good functional result of 77% according to the Musculoskeletal Tumor Society Score (MSTS) after chondrosarcoma resection38 and limb-saving surgery. Karaharju51 emphasized the psychological advantage for the patient after internal hemipelvectomy. Furthermore, phantom pain and extensive intraoperative blood loss are typical complications of amputations.32,33 The postoperative course after external hemipelvectomy may be complicated by wound healing disorders, bladder, sexual and bowel dysfunc-

**Functional outcome in pelvic reconstructions**

Once the decision has been made for limb-sparing surgery, the choice of the appropriate pelvic reconstruction needs to be made: if the tumor is in the area of the pubis, the ischium or the peripheral iliac wing without interruption of the pelvic ring, no bony reconstruction is essential.54,55 After tumor resection, patients with a stable bony pelvis can expect a much better postoperative function. Even without reconstruction of the acetabulum, a satisfying functional result can be obtained.53 After a total internal hemipelvectomy without reconstruction, a flat hip (unusually mobile joint) or a floating hip can be the result. It is an alternative to amputation, but it leads to instability and leg shortening39,55 and is thus associated with poor function.52 This negative effect can be avoided by an appropriate fusion between the femoral head and left pelvic bones.56
Allografts in pelvic reconstruction

Allografts are usually used to bridge bony defects after resection of parts of the iliac bone with interruption of the pelvic ring (Type I resection), after resection of the acetabulum (Type II resection) or after resection of the anterior pelvic ring (Type III resection).59,60

The appropriate grafts can be calculated by CT scans while allografts provide an excellent tool to reconstruct almost a normal pelvic anatomy.65,69 Here the graft can be modified surgically to fulfill into the complex geometry of the corresponding osseous defect.22 Depending on the surgical technique, an intercalary allograft with or without arthrodesis, a composite allograft or an osteochondral allograft reconstruction can be used. The allograft allows bony ingrowth of the recipient bone marrow cells46,51 and also reattachment of the muscles is quiet easier compared to metal implants.54 However, the disadvantages of this technique are the high risk of bone infections non-unions and allograft fractures.60 In a comprehensive study with 945 patients the factors influencing the incorporation of the allograft were investigated. The non-union rate in their patient population amounts to 17.3%.62 Aho et al. described best functional results using knee osteoarticular allografts and clinical rejection did not occur.63 Some authors emphasize the lack of bone ingrowth of allografts.41,46,51,56,62 Furthermore, the reconstruction type has a high impact on the outcome after pelvic reconstruction: non-unions were more frequently seen when an allograft was applied for bone fusion compared to osteoarticular, intercalary, or composite allografts. Moreover, adjuvant chemotherapy treatment increased the rate of non-union.64 To prevent infection and non-union, allografts should only be used in areas with adequate soft tissue coverage.55 Malignant bone tumors, however, often complicate this condition because the surrounding tissue has to be resected widely in order to maintain the necessary safety distance.64 The overall infection rate of allografts used in general treatment of malignant or aggressive lesions was only 10%.60 However, other studies reported higher infection rates (25% and 33%).60,65 To reduce the risk for infection, Windhager proposed that allografts should be avoided in patients receiving high-dose chemotherapy.

Nevertheless, it cannot be assumed that allografts guarantee a good functional outcome as indicated by some authors.60,65 Aho rated the overall function as 57% only. O’Connor achieved good to very good results in successful sacro-iliac arthrodesis. However, non-solid fusion leads to limited and poor results. Puget described fair results after reconstructing autogenous proximal femurs combined with total hip replacement. If no biological reconstruction can be achieved sockets may be fixed by cementing with or without an allograft69 as indicated by Langlais et al.24 In their series, none of the patients suffered a relapse; all were pain-free and mobile without any walking devices six months postoperatively.

The use of autografts

After completion of the pelvic tumor resection reconstruction with autogenous grafts is in order to establish a support between the acetabulum and the sacral bone.53 Grafts of iliac crest bone and the vascularized or non-vascularized fibula graft are commonly used to fill defects.70 Nagoya reported successful incorporations of vascularized fibulae in four patients after extensive periacetabular resection. These patients were free of pain and none required walking aids. A drawback in the use of autografts is mainly based on the limited availability of the graft.14 In some centers the tumor bone is excised, freed as far as possible from the tumor, autoclaved for twenty minutes and re-implanted.72 In weight bearing transplantation sites this approach is only recommended if the affected bone presents sufficient biomechanical properties.14

Reconstruction using arthroplasties

Proximal femoral megaprosthesis can be used for the reconstruction of critical bone defects after resection of the acetabular region as well as after internal partial or total hemipelvectomy. Based on the limited number of patients and the high complication rate after hemipelvectomy, a standard for reconstruction with arthroplasties has not been established yet. Modular designs, custom-made prostheses or conventional prostheses are available.72,73 A solid and stable fixation of the endoprosthesis within the remaining bone is a prerequisite for clinical success.14 The advantages of prostheses are that they are available in a wide range of sizes. In addition, cemented fixation allows immediately stability and early mobilization of the patients. Regardless, megaendoprosthesis are associated with several complications. Material failure rates such as increased wear or fractures are more frequently seen than in primary joint replacement based on osteoarthritis. Also, the reattachment of muscles is difficult leading to high dislocation rates. Especially in cases of limited or poor soft tissue coverage and immunosuppressed patients, there is a high risk of deep infection. In addition, total joint replacement may not appropriate in children before the age of skeletal maturity. Here growing systems have been applied as an alternative to achieve adequate limb length.

Hemipelvic and saddle prostheses

In severe acetabular bone defects leading to pelvic discontinuity hemipelvic prostheses have been successful applied for reconstruction. A study by Abudu et al.1997 describes excellent to good results in 65% and satisfactory to poor results in 35% of the patients. The complication rate was 60% (26% infections, 15% dislocations, 6% bleeding, and 3% other). Especially the fixation of these implants is technically demanding. Screw breakages or loosening are frequently seen. Therefore, reconstruction of the pelvic ring by a metallic implant only remains not useful. In contrast, a stable fixation within the sacrum and/or ilium is recommended. Furthermore, an artificial pelvis is not appropriate after resection of the gluteal muscles.72

The clinical results after implantation of saddle prostheses are disappointing. Aboulafia et al. describe that 70% of their patients required crutches, three patients were immobile and the infection rate was high. Other authors report that saddle prostheses do not allow a sufficient range of motion. The lack in bony integration and anchorage was also described by O’Connor.19 In contrast, Van der Lei reported on two patients significant benefit after saddle prosthesis was implanted. If sufficient bony integration can be achieved the saddle endoprosthesis allows full weight-bearing minimizing comorbidity associated by immobilization. Moreover, patients can commence rehabilitation or postoperative chemotherapy earlier.19,73

Transposition of the remaining acetabulum

In the past twenty years, the transposition of the remaining acetabulum for hip reconstruction became popular. This method is especially indicated after limited resection of the iliac bone and/or smaller parts of the cranial acetabulum. However, it is necessary that most parts of the acetabulum are still intact. One advantage is the good applicability in growing children. In such cases, the Y-shaped growth plate acts as a biological barrier for intra-osseous tumor growth.21,79 Acetabular transposition also allows covering bony defect by muscles including the gluteus maximus in particular, but also parts of the gluteus medius and the gluteus minimus. Furthermore, it is possible to reattach the abdominal and trunk muscles firmly to the rest of the acetabulum or an interposed allograft.22 One disadvantage especially in children and adolescents is a relevant leg length discrepancy80 and associated scoliosis.80,81

Pseudarthrosis and arthrodesis after pelvic reconstruction

The treatment of pseudarthrosis caused by surgical resection of relevant pelvic bone and pelvic reconstruction remains challenging. Therefore arthrodesis is an alternative treatment option. In a two-stage procedure, Hamdi fixed the femoral head transient to the rest of the acetabulum and the iliac bone
and described good functional and oncological results. In a second procedure a neo-acetabu-

lum with sufficient stability is recommended. A similar method was presented by Kusuza-

ki. He attached the femoral head to the iliac bone with an external fixator.

Sacro-iliac arthrodeses can be performed to bridge short distances between the sacrum
and the remaining part of the ilium after Type I resection. If the continuity of the pelvic ring
is sufficient, a sacro-iliac arthrodesis using an allograft in between the sacrum and ilium is
recommended. Arthrodesis of the femoral bone with the remaining acetabulum is described as a
reconstructive option after complete resection of the iliac bone. If the inferior
and medial parts of the acetabulum are still intact to allow fixation of the femoral
head, a hip arthrodesis with autogenous fibula or an allograft interposition can be applied.
This method provides good stability with no significant leg-length difference. For recon-
struction after resection of Type I and Type II, a pubo-femoral or ischio-femoral arthrodesis has
been suggested; while after resection of Type II and Type III, an ili-o-femoral arthrodesis is
recommended. This results in complete immobility of the hip joint, which is, however,
opposed to a good stability without pain. Van der Lei observed leg shortening and an
impaired gait pattern in his patients after ili-o-femoral arthrodesis. In contrast, Enneking showed
that there was no significant leg-length discrepancy. O’Connor favors ili-o-femoral arthrodesis
with direct attachment of the femoral head to the iliac bone. He recom-

mended this technique for young and active patients. A disadvantage of the ili-o-femoral
and ischio-femoral arthrodesis is the mobility of the symphysis with subsequent instability of
the pelvic ring and femur abduction.

Femoral and hindfoot rotationplasty

Winkelmans distinguishes different types of rotationplasty. Pelvic tumors require not only
the resection of the pelvic site but also to some extent the proximal femur. One option to
achieve fair function is to rotate the remaining femur of 180° and fix it to the ilium. If the
femur needs to be completely resected, e.g. in children, the lateral tibial plateau can articulate
in the remaining hip socket and gradually re-forms into a replacement femoral head.
However, if the ankle joint acts as the new knee, the lower leg is replaced by a prosthesis.
In adults, total femur replacement including the knee joint is an alternative to rotationplas-
ty. The advantages of this procedure are excellent function and preserved proprioception.
In addition, no further surgery is required. The disadvantage is the psychological burden
imposed on the patient by the external appearance and cosmetic issues. Kong et al. pre-
sented a new reconstruction method after external hemipelvectomy using the hindfoot
rotationplasty with calcaneo-sacral fixation and described good functional results.

Amputation and hemipectorectomy

Amputation is indicated if the tumor has destroyed biomechanically relevant areas, reconstruc-
tion techniques have failed, or in other patient related factors (Table 1).

The indication for external hemipelvec-
tomy should be strict and considered with care. After external hemipelvectomy the stump can
be covered by an anterior or a posterior gluteal flap and sutured with the inguinal ligament.
A pelvic prosthetic basket can be used to enable patients to stand, sit and move after unilater-
al amputation. But surgeons should be aware using this kind of mutilating surgery because
the technique is ambitious and the complication rate is very high. It should be

known that this surgery is an extensive pro-
dure. Due to the shorter convalescence time, this method is more likely to be chosen for
elderly patients. Complications of this method often appear later. These include shoulder pain
from walking with sticks, scoliosis due to tilt-
ing of the pelvis or arthrosis in the hip or knee of the contralateral leg.

Hemipectorectomy involves amputation of the pelvis and the lower extremities by dysar-
ticulation through the lumbar spine. Barnett et al. stated that this extensive procedure is well
tolerable in paraplegic patients with disseminated pelvic tumors or pelvic osteomyelitis and
improves greatly the quality of life of these carefully selected patients.

Oncological results

In addition to the tumor entity and the pre-
operative stage, three factors play a specific role for the prognosis of pelvic bone tumors: the
tumor location, the tumor size and the resection margin.

An important factor for the local recurrence rate is the location of the primary tumor. Some
authors found higher recurrence rates for tumors in the periacetabular region and in the
pubic bone. Other authors reported recur-

rence rates of 50% after sacro-iliac resections and 15-24% after acetabular resection. For
Ewing sarcoma Hoffmann observed a survival rate of 45% after resection of the infiltrated
sacrum, 43% survival rate after resection of the iliac bone and 51% after resection of the
acetabulum. In the sacrum or ilium there is apparently a high risk of leaving contaminated
R1 or R2 resection margins. If a wide resection
was 17%. This occurs in 47% of patients after marginal resection, but only in
8% after wide resection. Wide resection allows a satisfactory surgical procedure without posi-
tive microscopic resection margin. Tomeno showed a local recurrence rate after inade-
quate (combination of marginal and intrale-
Sional resection) resection of 67%, after wide resection the rate was only 4%. Some authors emphasize the technical difficul-
ty to achieve a wide surgical margin (33%, 65%, 22%) in the pelvis. Since the real tumor extent is often underestimated and
intralesional and marginal tumor removal should be avoided a correct staging including MRI and
CT scans, a preoperative planning, as well as intraoperative histology of soft tissue is essen-
tial. Besides different vessels, the bladder, the peritoneum and the ilio-sacral joint are critical
areas. Especially in tumors next to the sym-
physis, the real extent of the tumor is underesti-
mated quiet often and technical demanding.

Metastases and recurrence rate of the entities and survival after treatment

Sheth et al. described distant metastases rates of between 60% and 75% in Grade 2-3-
chondrosarcomas. Overall, the general distant metastases rate ranges from 13.3-28%, 41,58,77,106
The local recurrence rate after resection of malignant pelvic tumors range approximately
from 4-50 % (5, 41, 50, 67, 76, 77, 97, 100, 101, 102, 103, 104, 105, 106, 107 is shown in Table

Table 1. Indications for external hemipelvectomy.

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<th>External hemipelvectomy</th>
<th>Indications for external hemipelvectomy</th>
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<td>Destroyed biomechanics</td>
<td>Failed reconstruction of the pelvis (non-union, prosthetic loosening, prosthetic infection)</td>
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<td>Failed neoadjuvant therapy</td>
<td>Severe deep infection</td>
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<td>Infiltration of the sciatic nerve and the femoravessels</td>
<td>Local recurrence of the tumor</td>
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<td>Improvement of the resection margin</td>
<td>Life saving procedure</td>
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2. However, the overall survival rate in Ewing's sarcoma patients is still significantly lower (57% in 3.7 years) than in patients with osteo- or chondrosarcoma.1,2,3,4 The effectiveness of surgical treatment for Ewing's sarcoma of the pelvis is higher compared to chemotherapy and/or radiotherapy. The data on survival in Ewing’s sarcoma vary between 39% and 52% in five years, 44% in ten, and 32% in twelve years.5,6,7,8 Uchida7,9,10 describes a five-year survival rate of only 50% after resection of acetyl tumors; Abudu11 reported a postoperative survival rate of 43% within seven years. In the study by Kawai,5 55% of the patients are still alive after 5 years and 87% were in complete remission. Likewise, Uchida reported a five-year survival rate of 50%.7 The prognosis depends also on the differentiation stage of a tumor describing the degree of malignancy. With highly malignant bone tumors, it is diffi-
cult to achieve both local and also systemic control of the disease. According to general opinion, simple resection of highly malignant bone tumors should only be addressed after careful preoperative staging, interdisciplinary workup and critical assessment of the effect-
tiveness of the procedure. However, simple resection may be considered in aggressively benign and low-malignant bone tumors.12

### Conclusions

The prognosis of primary malignant bone tumors in the pelvis is significantly worse than that in affected limbs.13 The primary objective of surgery is to ensure the survival of the patient. Restoration of function and the cosmetic aspect are only of secondary importance. In recent years, significant advances have been made in the fields of preoperative diagnosis, surgical technique and adjuvant treatment in patients with pelvic tumors. Therefore, the therapy should be performed in specialized centers with close cooperation between oncologists, radiation therapists, anesthesiologists, psychologists and specialized surgeons. Four aspects are par-
ticularly interesting and should be done in interdepartmental cooperation: first, there is the question of recurrence and the metastases rate. Second, it is of great importance to achieve an adequate reconstruction with the lowest possible complication rate.25,26 Third, limb-saving surgery should result in an appropriate func-
tional outcome. Fourth, patients adjust best if they are fully informed and participate in the decision process. Clinical studies indicate that external hemipelvectomy usually does not auto-
matically improve the resection margin compared with internal hemipelvectomy. Furthermore internal hemipelvectomy allows reconstruction techniques, which may lead to a satisfactory functional outcome.

### References


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