Safer technique for passing abdominal trochar

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Many closed surgical drainage systems are delivered through the abdominal wall with a trochar. Sometimes this manoeuvre requires significant force, potentially compromising control and causing injury, either to the patient or to operating theatre personnel.

By using the finger holes of pair of closed Mayo scissors to provide counter-pressure against the abdominal wall and with the trochar held still on the other side, the drain can be easily and safely passed.

Figure 1. Trochar being passed safely.